



第二届上海国际瑜伽大会

尊敬的_____先生/女士，您好！

第二届上海国际瑜伽大会将于2016年04月在上海召开。

会议通知

2016年4月22日-24日，Y+将再次携手诸多国际瑜伽大师在上海安达仕酒店举办第二届国际瑜伽大会，届时众多国际瑜伽大师Daniel Stewart, Carlos Pomedá, Jani, Jose Luis Jimenez, Lisa Walford, Mark Whitwell, Simon Park, Zeo Sheehan, Garth Hewitt, Sudhakar, David Kyle, Jo Phee, Ruth Lauer Manenti, Lance Schuler, Jessica and Stéphane等都将齐聚上海，共同带来一场属于瑜伽人的最美盛会，从多元化的角度诠释瑜伽文化和精髓。

本次瑜伽大会用时三天，共计70多小时丰富多彩的瑜伽系列活动。本次大会旨在进一步开启国际专业的瑜伽交流平台，传递“Better off Yoga, Better off Life”的瑜伽生活方式，本次大会继承首届瑜伽大会的传统，同样不拘泥于瑜伽体式，更有瑜伽哲学，瑜伽科学，瑜伽唱诵和新颖的瑜伽互动环节，让与会的瑜伽爱好者们在瑜伽的世界里尽情驰骋。

本次瑜伽大会的主办方同样是首届瑜伽大会的主办方机构Y+。Y+是拥有国际一流的专业师资，系国际瑜伽联盟注册教师培训机构，为中国首家开启全球瑜伽旅修，周末国内外瑜伽流行工作坊和拥有亚洲乃至世界最大馆2770平米的知名瑜伽品牌。本次大会依然延续首届瑜伽大会的选址风格，同样是在全球最富有活力和独特设计风格的安达仕酒店举行。继首届瑜伽大会的成功举办和其反响的热烈，本次瑜伽大会届时将受到更多各界媒体的高度瞩目和密切关注。

大会时间：2016年4月22日-24日

大会地点：上海新天地安达仕酒店：黄浦区嵩山路88号(近太仓路)





INTERNATIONAL
YOGA CONFERENCE
2016.4.22~2016.4.24

第二届国际瑜伽大会

上海新天地安达仕酒店

隆重上演

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众多国际瑜伽大师**Daniel Stewart, Carlos Pomedá, Jani, Jose Luis Jimenez, Lisa Walford, Mark Whitwell, Simon Park, Zeo Sheehan, Garth Hewitt, Sudhakar, David Kyle, Jo Phee, Ruth Lauer Manenti, Lance Schuler, Jessica and Stéphane** 等都将齐聚上海，共同带来一场属于瑜伽人的最美盛会。

国际瑜伽大会

INTERNATIONAL YOGA CONFERENCE



Y+杰出的老师团队与世界顶尖瑜伽大师们联手敬上，从多元化的角度传递瑜伽的文化和精髓。国际瑜伽大会旨在开启国际专业的瑜伽交流平台，传递智慧和欢悦的瑜伽生活方式。





本次大会不拘泥于瑜伽体式，更有瑜伽哲学，瑜伽科学，瑜伽唱诵，还特别开设了新颖的瑜伽互动环节，让参会的瑜伽爱好者在瑜伽海洋中尽情畅游的同时，与瑜伽大师一起参加瑜伽游戏和挑战赛，并有机会赢得价值

万元的境外瑜伽旅修和
工作坊等大礼。



国际瑜伽大会的主办方Y+拥有国际一流的专业师资，系国际瑜伽联盟的注册教师培训机构，为中国首家开启全球瑜伽旅修，周末国内外流行瑜伽工作坊的知名瑜伽品牌。

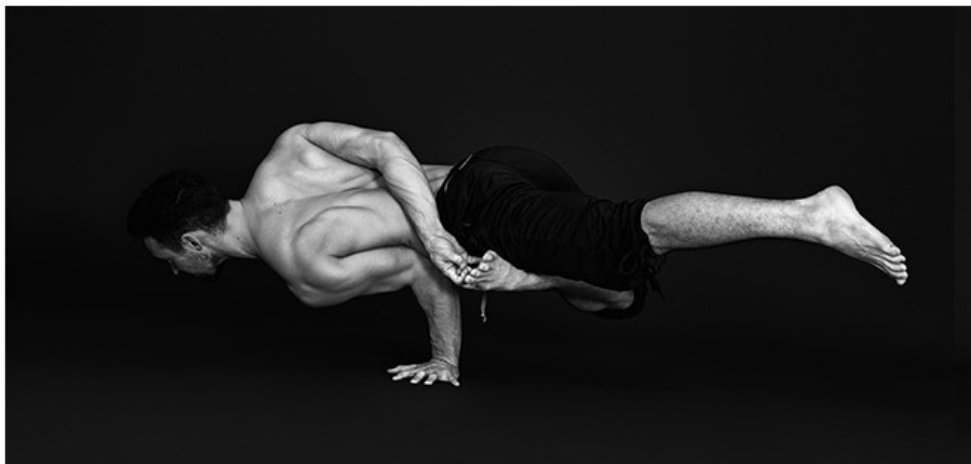
为期三日的国际瑜伽大会中，特邀16位全球顶级瑜伽老师亲临授课，他们中有国际主流瑜伽学校的创办人，著名瑜伽派系的代表人，当今欧美瑜伽届的明星导师。

在70余节丰富多样课程中，由印度传统的瑜伽经文精典和体式演练到现代世界主流的瑜伽人体科学和体式演练，让每一位练习者体验全球瑜伽前沿的空前的瑜伽盛宴。

瑜伽大会吸引了国内外各类高端瑜伽生活品牌和健康产业，以及大小瑜伽品牌经营企业和团队。本次瑜伽大会空前盛大，在上海最繁华的市中心地标性娱乐区新天地安达仕（Andaz）酒店举行，安达仕是凯悦酒店集团旗下全新品牌酒店，采用现代化风格的精品酒店概念，是全球最富有活力和独特社群风格的酒店。

国际瑜伽大会是国际性的瑜伽交流大会，将受到各界媒体的高度瞩目和密切关注。





The International Yoga Conference will present more than 70 open classes and workshops by master teachers for three days, 12 hours a day. The topics covered range from traditional yoga to modern yoga, as well as breathing, postures, meditation, and philosophy. 17 top yoga teachers from around the world will present classes in their unique teaching styles. More than 30 modern mainstream yoga schools will be present during the yoga conference.

Participants will not only be able to fully enjoy the feast that is the conference, but they will also have an opportunity to experience the essence and truth of yoga.

The outstanding teacher team, together with top yoga teachers worldwide, will present diverse perspectives on the essence and culture of yoga. The International Yoga Conference aims to create a professional platform for international yoga communication, and to promote wise and joyful yoga lifestyles.

The host of the International Yoga Conference, employs a world-class team of professional teachers, and is an international Yoga Alliance registered teacher-training organization. It is a well recognized yoga school in China, and the first to have launched global yoga retreats and weekend yoga workshops held by domestic and international teachers.

Taught over the course of 70 sessions, subjects range from traditional Indian Yogic Scripture and related asana practice, to modern mainstream yoga somatic science and corresponding asana practice. Participants will experience an unprecedented festival of yoga.

This yoga conference attracts various domestic and international high-end yoga lifestyle and health industry brands, as well as yoga businesses of various sizes.

This unprecedented and extraordinary event will be held at the Andaz Hotel, which is located in Xintiandi, the landmark recreational area in downtown Shanghai. The Andaz is a new hotel brand under Hyatt Hotels Corporation. It is a modern boutique concept hotel that conveys vigor and vitality, with a unique community style.

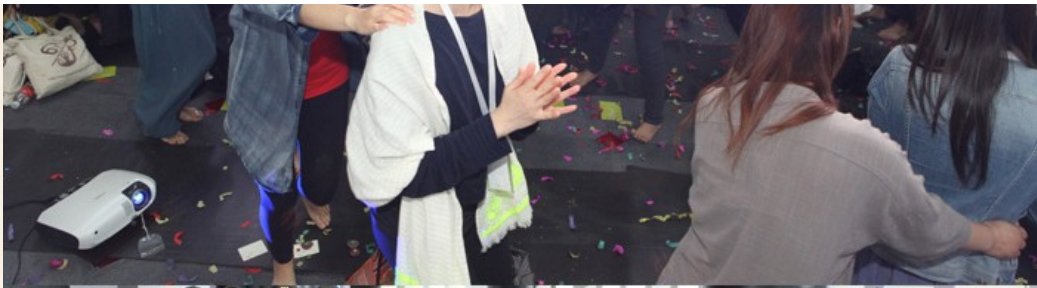
International Yoga Conference is the first international communication conference in China. It draws much attention and extensive coverage from many media sources.

2015.5.29~31 国际瑜伽大会回顾

2015.5.29~31 INTERNATIONAL YOGA CONFERENCE REVIEW









会议日程

会议嘉宾

会议门票

门票价格：

早鸟价：3580元（3天）

普通价格：4280元（3天）



成都云海量智能科技有限公司

2016年01月13日

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